

**CS5d:  
Latent Class and Latent Transition Analysis:  
LCA and LTA: A Guide to Practice**

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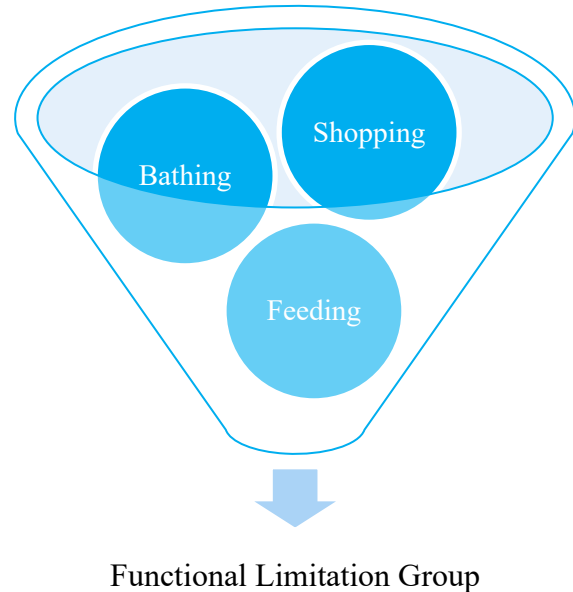
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# Outline

- ▶ LCA and LTA Model Specification
- ▶ LCA and LTA Output Interpretation
- ▶ Model Selection
- ▶ Assumption and Limitation
- ▶ Summary

# Observed Variable and Latent Variable

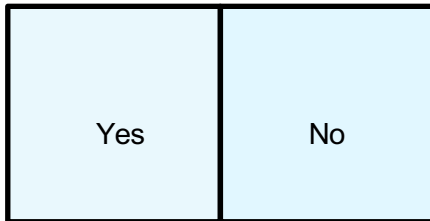
- ▶ Observed Variables:
  - Can be measured
  - Categorical variables
  
- ▶ Latent Variables:
  - Can not be measured directly
  - Categorical variables



# LCA Model Specification

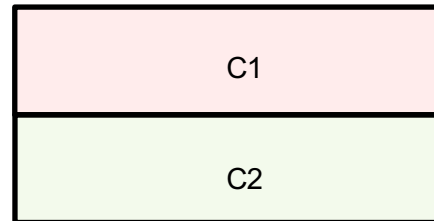
► Observed Categorical Variables:

- Y: Have difficulty dressing?
- 1 = Yes, 2 = No
- with marginal probability  $p_1, p_2$



► Pre-selected 2 Latent Class

- C: latent functional limitation group 1 or 2
- with latent prevalence  $\gamma_1, \gamma_2$



# LCA Model Specification

► Observed Categorical Variables:

- Have difficulty dressing?
- 1 = Yes, 2 = No
- with marginal probability  $p_1, p_2$

► Pre-selected 2 Latent Class

- $C$ : latent functional limitation group 1 or 2
- with latent prevalence  $\gamma_1, \gamma_2$

Yes & C1	No & C1
Yes & C2	No & C2

$$P(\text{Yes}) = P(\text{Yes} \& C1) + P(\text{Yes} \& C2)$$

$$P(Y = 1) = P(Y = 1|C = 1)P(C = 1) + P(Y = 1|C = 2)P(C = 2)$$

$$p_1 = \rho_{1|1}\gamma_1 + \rho_{1|2}\gamma_2$$

$$p_1 = \sum \gamma_c \rho_{1|c}$$

# LCA General Parameters Definition

- ▶ Observed categorical variable:  $Y_1, \dots, Y_M$ ;
- ▶ Each  $Y_m (m = 1, 2, \dots, M)$  has  $r_m (1, 2, \dots, R_m)$  different levels;
- ▶ Unobserved latent variable has  $C (c = 1, 2, \dots, C)$  different groups;
  
- ▶ Latent class prevalence  $\gamma_c$
- ▶ Item-response probability  $\rho_{r_m|c}$
  
- ▶ The marginal probability of observing  $y_1, \dots, y_M$  is

$$P(Y_i = y_i) = \sum_{c=1}^C \gamma_c \prod_{m=1}^M \prod_{r_m=1}^{R_m} \rho_{r_m|c}^{I(y_m=r_m)}$$

# Output Interpretation: Prevalence

Latent Group 1	Latent Group 2	...	...
0.80	0.20	...	....

**80%** of the patients were in Latent Group 1.

**20%** of the patients were in Latent Group 2.

# Output Interpretation: Item Response Probabilities

Indicator		Latent Group 1	Latent Group 2	...
Do you have difficulty in dressing?	Yes	...	<b>0.85</b>	...
	No	...	0.15	...
Var 2	1	...	...	...
	2	...	...	...
	3	...	...	...
...	...	...	...	...

Among patients who were in Latent Group 2, **85%** of them had difficulty dressing.



# From LCA to LTA

- ▶ Latent Transition Analysis (LTA) is a longitudinal extension of LCA
- ▶ In LCA, class membership is static
- ▶ In LTA, class membership is dynamic
- ▶ Development can be represented as movement through discrete categories or stages
- ▶ Provides a way to estimate and test models of stage-sequential development

# LTA Model Specification

► Observed Categorical Variables:

- Y: Have difficulty dressing?
- 1 = Yes, 2 = No
- with marginal probability at **2 time points**  $(p_{1_1}, p_{2_1}), (p_{1_2}, p_{2_2})$

► Pre-selected 2 Latent Class

- C: latent functional limitation group 1 or 2
- with latent prevalence at **the initial time points**  $(\gamma_{1_1}, \gamma_{2_1})$

Yes & C1	No & C1
Yes & C2	No & C2

Time 1 → Time 2

Yes&C1	No & C1
Yes&C2	No & C2

# LTA General Parameters Definition

- Observed categorical variable:  $Y_1, \dots, Y_M$ ;
  - Each  $Y_m (m = 1, 2, \dots, M)$  has  $r_m (1, 2, \dots, R_m)$  different levels;
  - Unobserved latent variable has  $C (c = 1, 2, \dots, C)$  different groups;
  - $T (t = 1, 2, \dots, T)$  different time points.
- 
- $\gamma_{c_1}$  = Latent class prevalence at Time 1
  - $\rho_{r_m|c_t}$  = Item-response probabilities at Time  $t$
  - $\tau_{c_t|c_{t-1}}$  = Transition probabilities of latent class  $c_t$  at time  $t$ , conditional on membership in latent class  $c_{t-1}$  at time  $t - 1$ , e.g.  $\tau_{1_2|2_1}$

$$P(Y_i = y_i) = \sum_{c_1=1}^C \dots \sum_{c_T=1}^C \gamma_{c_1} \tau_{c_2|c_1} \dots \tau_{c_T|c_{T-1}} \prod_{m=1}^M \prod_{r_m=1}^{R_m} \prod_{t=1}^T \rho_{r_m|c_t}^{I(y_m=r_m)}$$

# Output Interpretation: Prevalence

	Latent Group 1	Latent Group 2	...
Time 1	<b>0.80</b>	<b>0.20</b>	...
Time 2	0.70	0.30	...
...	...	...	...

At Time 1, **80%** of the patients were in Latent Group 1, and **20%** of the patients were in Latent group 2.

The numbers at time 2 are 70% and 30%.

# Output Interpretation: Item Response Probabilities

Indicator (Time 1)		Latent Group 1	Latent Group 2	...
Do you have difficulty in dressing?	Yes	...	<b>0.85</b>	...
	No	...	<b>0.15</b>	...
Var 2	1	...		...
	2	...		...
...	...	...	...	...

Among patients who were in Latent Group 2, **85%** of them had difficulty dressing, and **15%** of didn't have this issue.

# Output Interpretation: Transition Probabilities

Time 1 \ Time 2	Latent Group 1	Latent Group 2	...
Latent Group 1	<b>0.80</b>	<b>0.20</b>	...
Latent Group 2	...	...	...
...	...	...	...

For patients who were in Latent Group 1 at Time 1,  
**80%** of them were in Latent Group 1 at Time 2;  
**20%** of them transferred to Latent Group 2 at Time 2.

# Model Selection Criteria and Model Diagnostics

Fit Statistics	Thresholds	Recommendation
AIC	The lower the better	For analyses where $n < 300$ , we advise using and reporting the AIC and BIC.
CAIC		
BIC		For all analyses, we recommend using and reporting BIC and SABIC.
SABIC		
VLMR-LRT	<0.05	Use to test if a model with $k$ classes is better than model with $k-1$ class.
BLRT		
Log-Likelihood	The higher the better	Log-likelihood will be maximized using EM algorithm. It cannot be used to compare models.
Entropy	>0.8	We advise reporting entropy for model diagnostics but not relying on the value to determine a final class solution.

\* Aflaki, Kayvan, Simone Vigod, and Joel G. Ray. "Part II: A Step-by-Step Guide to Latent Class Analysis." *Journal of Clinical Epidemiology* (2022).

# Model Assumptions

## **Local independence assumption:**

- ▶ latent class variable accounts for all relations between the observed variables

## **Conditional independence assumption:**

- ▶ observed variables are independent conditional on the latent variable

## **Missingness assumption:**

- ▶ the model assume data are missing at random

## **Markov assumption(LTA):**

- ▶ the change over time only depends on one measurement time before



# Limitation 1:

## ► Proper class assignment is not guaranteed

C	LL	AIC	CAIC	BIC	SABIC	BLRT p	VLMR-LRT p
1	-11238.18	9428.707	9572.890	9548.890	9472.660	-	-
2	-9909.352	6821.055	7115.427	7066.427	6910.791	<0.001	<0.001
3	-9663.649	6379.651	6824.213	6750.213	6515.171	<0.001	<b>0.0342</b>
4	-9480.225	6062.801	<b>6657.554</b>	6558.554	6244.106	<0.001	0.3282
5	-9384.330	5921.011	6665.953	<b>6541.953</b>	6148.099	<0.001	0.1519
6	-9303.139	5808.629	6703.762	6554.762	6081.501	<0.001	0.7559
7	-9234.914	<b>5722.180</b>	6767.503	6593.503	<b>6040.836</b>		

Simulation studies suggest the first time the p-value of LMR test is non-significant might be good indication to stop increasing the number of class. \*

# Limitation 2:

► Naming fallacy for latent classes

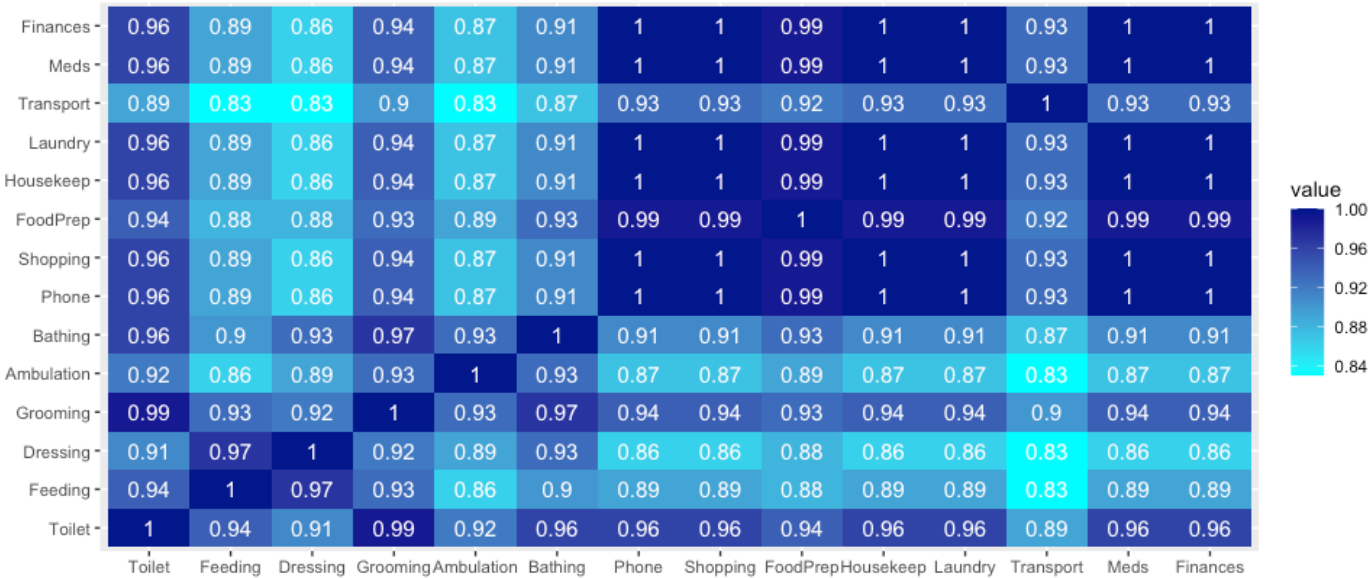
Have deficits in..	Class 1	Class 2
Eating	<b>0.710</b>	0.178
Walking	<b>0.895</b>	0.040
Managing Money	0.113	<b>0.911</b>
Taking Med.	0.131	<b>0.860</b>

Have deficits in..	Class 1	Class 2
Eating	<b>0.710</b>	<b>0.835</b>
Walking	0.411	0.040
Managing Money	<b>0.956</b>	<b>0.911</b>
Taking Med.	0.231	<b>0.860</b>

Table: Item response probabilities for patients having deficits in the listed activities.

# Limitation 3:

► Can not deal with multicollinearity and complex patterns



# LCA Summary

- ▶ Step 0: Study descriptive statistics and test on assumptions
- ▶ Step 1: Starting with a one-class model, and add one class at a time,
- ▶ Step 2: Compare model fit statistics to identify the best model
- ▶ Step 3: Explore specification of the LCA without covariates
- ▶ Step 4: Extend the model complexity, e.g. add covariates or distal outcomes
- ▶ Step 5: Report the results

# LTA Summary

- ▶ Step 0: Study descriptive statistics and test on assumptions
- ▶ Step 1: Conduct LCA at each time point. Compare model fit statistics to identify the best model at each time point
- ▶ Step 2: Test measurement invariance if the same number of classes emerge in Step 1
- ▶ Step 3: Explore specification of the latent transition model without covariates
- ▶ Step 4: Extend the model complexity, e.g. add covariates or distal outcomes
- ▶ Step 5: Report the results

# The End

Please email: [wangz@denison.edu](mailto:wangz@denison.edu)

- To discuss further about these studies or your ideas

